

LET'S TALK ABOUT HEP B & C, HIV & STIS

WHAT IS A BBV?

BBV means Blood Borne Virus.
This means a virus has to enter into a person's blood stream.

WHAT IS AN STI?

Sexually Transmissible Infections (STIs) are very common.
Anybody who is sexually active can get an STI if they do not practice safe sex (intercourse, anal and oral sex).
Most people don't know they have an STI.

WHAT IS HEP?

Hep or hepatitis is inflammation of the liver caused by something like hep B or C, alcohol and other drugs.

WHAT IS HEP B?

Hep B is a BBV and an STI. You can get it from sharing injecting equipment, unprotected sex and non professional tattooing and piercings.

WHAT IS HEP C?

Hep C is a BBV. You can get it from sharing injecting equipment and non professional tattooing or piercing. You may also get it from unprotected sex if there is blood or rough sex involved.

WHAT IS HIV?

HIV is a BBV and an STI. You can get it from unprotected sex and sharing injecting equipment.



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IS THERE A CURE FOR HEP B?

There is NO cure for hep B, but there is very good treatment available for hep B.

IS THERE A CURE FOR HEP C?

There is a cure for hep C! 8 to 12 weeks of one or two tablets a day and 95% of people are cured of their hep C.

IS THERE A CURE FOR HIV?

Like hep B there is NO cure for HIV, but there is very good treatment available for HIV.

IS THERE A VACCINE FOR HEP B, HEP C OR HIV?

There is a vaccine for hep B.
There is NO vaccine for hep C or HIV.

HOW DO I KNOW IF I HAVE A BBV?

A simple blood test will tell you if you have any of the BBVs. Usually 3 months after infection the viruses will show up in your bloods. Most people don't know they have any of the viruses, as there are usually no symptoms.

HOW DO I FIND OUT MORE?

Visit Canberra Sexual Health, the Youth Junction or SHFPACT and they will screen you for STIs.

- Aids Action Council: Phone: 02 6257 2855
- Canberra Sexual Health: Phone: 02 5124 2184
- Hepatitis ACT: Phone: 02 6230 6344
- Sexual Health and Family Planning (SHFPACT):
Phone: 02 6247 3077
- Youth Junction Health Service:
Phone: 02 6232 2423



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